

This is the beginning of a new day. God has given me this day to use as I will. I can waste it or use it for good.

What I do today is very important because I am exchanging a day of my life for it. When tomorrow comes, this day will be gone forever. Leaving something in its place I have traded for it. I want it to be a gain, not a loss – Good, not evil. Success, not failure in order that I shall not forget the price I paid for it.

- Bear Bryant